



Schools - Recommended Cleaning & Sanitation Protocols

Infection Control Policies and Procedures Checklist	Policy/Procedures		
Please review the policies and procedures below. Use this tool to determine which policies/procedures you already have, if they are being followed, and which policies and procedures you need to put in place.	Exist (X)	Followed (X)	Needed (X)
Reporting			
If a cluster of three or more cases occurs in a single group, the local health department is notified.			
Referrals are made to licensed health providers when a H1N1 or MRSA skin infection is suspected.			
Athletes are strongly encouraged to report possible skin infections to coaches and coaches are encouraged to assess athletes regularly for skin infections and report findings to school health team.			
<i>Notes:</i>			
Infection Control in the Infirmary/Nurse's Office			
Contact precautions are used when doing wound care. Standard precautions are used if the potential for splashing exists. Masks and gloves should be worn when caring for campers with H1N1 flu symptoms.			
Disposable gloves are worn if contact with non intact skin or mucous membranes is expected. Hands are washed before starting care, and immediately after removing gloves.			
If soap and water are not available, 63% or greater alcohol hand sanitizer is used. For best results, use an antimicrobial hand sanitizer.			
Potentially contaminated surfaces are cleaned with an EPA registered disinfectant - SpectraSan 24.			
Infirmary cots (surfaces that come in contact with patient) are cleaned if visible dirty and wiped down after each use. Disinfect with SpectraSan 24 .			

Potentially soiled linen and clothing are washed with laundry detergent in water > 160F. 1 cup of bleach is used if water is less than 160F. Items are dried in a hot dryer.			
Door knob, phones, keyboards, light switches, and other hand touch items in the Infirmary are cleaned/wiped down twice daily. Use SpectraSan 24 at least twice per day and after each patient on shared medical devices and/or equipment.			
Stethoscopes are wiped with isopropyl alcohol or other appropriate disinfectant such as SpectraSan 24 .			
Quick Reference for Environmental Cleaning for Nurses and Infirmary Staff is accessible.			
<i>Notes:</i>			
Prevention and Transmission Control-General			
Students with open wounds keep them covered with dressings that are taped on all four sides.			
Students with colds, flu like symptoms, low grade fever, coughing, sneezing, or have sore throats should be isolated from healthy students. Close proximity of campers mitigate transmission.			
Personal hygiene training must be available to all campers and staff including instructions on coughing and sneezing etiquette, signs and symptoms of infection, and the proper protocol to report and a handle such illnesses.			
Students with Flu, Strep, Pink Eye, Staph, Wounds, or other types of infections DO NOT participate in contact sports (considered for all contact sports).			
Students and staff who participate in contact sports or are involved in close contact with groups of campers are strongly encouraged to shower immediately these activities.			
<i>Notes:</i>			
Signature: Date:			

Infection Control Policies and Procedures Checklist (Continued)	Policy/Procedures		
	Exist (X)	Followed (X)	Needed (X)
Sports Equipment			
Sports equipment (balls, racquet grips, bats, gloves, field hockey sticks, head gear, helmets, shoulder pads, fitness equipment, weight training equipment, cardio equipment) are cleaned and disinfected regularly with SpectraSan 24 .			
All shared equipment that comes into direct contact with the skin of a student should be cleaned and sanitized with SpectraSan 24 after each use.			
<i>Notes:</i>			
First Aid			
(Antimicrobial) Hand Sanitizer (63% alcohol or greater) is in the first aid kit—to be used when liquid soap & water is not available.			
When caring for any injury, disposable gloves are used and hands are sanitized, both before and after providing first aid.			
Scoops (not hands) are used to take ice out of cooler to make ice packs for injuries. Scoop is cleaned daily when in use and NOT stored in ice container.			
Single-use portions of antibiotics, salves and other ointments are removed from any larger dispensing unit prior to application. Any unused product is NOT returned to the original dispenser, but discarded.			
Students and staff with open, potentially contagious wounds are kept from participating in contact sports until wounds have healed. Students are prohibited from person to person contact until wounds have healed—even if wounds are covered. The same goes for children who have a fever, are coughing, sneezing, have flu like symptoms, or have a sore throat.			
Students with potential skin infections, high grade fever, or exhibit other signs of illness are referred to the nurse, physician or their own medical provider.			
<i>Notes:</i>			

Education of Students/Parents

Students are encouraged to follow good hygiene practices, including frequent hand washing, showering immediately following each practice or competition, and **NOT** sharing “drinking” water bottles.

Students are instructed to **NOT** share personal hygiene items (bar soap, towels, tooth brush, hair combs/brushes etc.) or topical ointments, antibiotics, and salves.

Students are encouraged to promptly report abrasions, lacerations, skin infections, heat rash or skin irradiations, or signs of a respiratory or GI illness to a staff member, nurse, or the school nurse or Health & Safety Director.

Students are encouraged **NOT** to shake hands, hug, and avoid person-to-person contact as much as possible. Naturally, this is often times unavoidable; however, proper personal hygiene practices should follow such exchanges—especially during times of a virus break-out.

Students should always wash their hands before and after horseback riding and always wear long pants in an effort to avoid chaffing or unnecessary skin irritations caused by friction and the oils from the animal.

Students should either launder towels daily or bring a fresh towel to use each day.

Students are informed of infection control precautionary measures, such as the importance of hand washing, showering immediately after sports activities, and washing swim suits, towels, or special clothing after they are worn.

Notes:

Signature:

Date: