



Quick Reference Guide for School Nurse, Physician or Infirmary Staff

How to Clean Nurse's Office, Infirmary, Medical Devices, Equipment, and Surfaces - How to Clean and What to Use			
<p>Visibly soiled surfaces must be cleaned with friction first then re-wiped. Non-visibly soiled surfaces may be wiped thoroughly with friction once. When using spray disinfectant, spray/saturate towel and wipe surface with friction. Spraying the surface and letting it dry is not adequate to clean and disinfect. Pay close attention to the product instructions regarding contact time on the surface. Wear gloves.</p>			
Item to clean	Wipe down what?	When?	With What?
Blood pressure cuff	Cuff, tubing, bulb	After each use	Wipe with disinfectant such as SpectraSan 24
Stethoscope	Bell and tubing	After each use	Wipe with IPA (isopropyl alcohol) followed by SpectraSan 24
Reflex hammer	Handle and Head	After each use	Wipe with SpectraSan 24
Otoscope speculae (Disposable preferred)	If reusable wash and disinfect speculae	All surfaces after each use	IPA may be used for non-disposable otoscope speculae, soak for 20 minutes.
Otoscope handle	Handle	All surfaces after each use	SpectraSan 24 , Allow to air dry
Ear thermometer, Temporal scanner thermometer	All surfaces	All surfaces after each use	SpectraSan 24 , Allow to air dry
Digital thermometer with disposable probes	All surfaces, except disposable probe	After each use	Wipe machine with SpectraSan 24 and air dry. Discard disposable probe after each use.

Basin	Basin	After each use	Wash in enzymatic detergent such as SpectraSan Medical Enzyme Detergent or a mild detergent. Rinse well and autoclave if available.
Canes, walkers crutches, wheelchairs, rehab equipment	Special attention to surfaces that are in contact with people	Between patients	If visibly soiled, clean first with friction. Wipe down with SpectraSan 24
Exam tables	Top of table, other areas that came in contact with patient and /or bodily fluids	After each use	If visibly soiled, clean first with friction. Wipe down with SpectraSan 24
Door knobs, phones keyboards, light switches, hand sanitizer dispenser, pen lights and other hand touch items in nursing area	“Community” pen at the desk, Shared keyboards, counters, telephones, doorknobs, drawer pulls and other “hand touch” areas	At least twice daily (Clean often as this is a health care area)	If visibly soiled, clean first with friction. Wipe down with SpectraSan 24
Waiting room: chairs, tables, etc.	All surfaces that can come in contact with patient	First thing in the morning and at the end of the day.	If visibly soiled, clean first with friction. Wipe down with SpectraSan 24