



Quick Reference Guide for School Nurse, Physician or Infirmary Staff

| How to Clean Nurse's Office, Infirmary, Medical Devices, Equipment, and Surfaces - How to Clean and What to Use | | | |
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| <p>Visibly soiled surfaces must be cleaned with friction first then re-wiped. Non-visibly soiled surfaces may be wiped thoroughly with friction once. When using spray disinfectant, spray/saturate towel and wipe surface with friction. Spraying the surface and letting it dry is not adequate to clean and disinfect. Pay close attention to the product instructions regarding contact time on the surface. Wear gloves.</p> | | | |
| Item to clean | Wipe down what? | When? | With What? |
| Blood pressure cuff | Cuff, tubing, bulb | After each use | Wipe with disinfectant such as SpectraSan 24 |
| Stethoscope | Bell and tubing | After each use | Wipe with IPA (isopropyl alcohol) followed by SpectraSan 24 |
| Reflex hammer | Handle and Head | After each use | Wipe with SpectraSan 24 |
| Otoscope speculae (Disposable preferred) | If reusable wash and disinfect speculae | All surfaces after each use | IPA may be used for non-disposable otoscope speculae, soak for 20 minutes. |
| Otoscope handle | Handle | All surfaces after each use | SpectraSan 24 , Allow to air dry |
| Ear thermometer, Temporal scanner thermometer | All surfaces | All surfaces after each use | SpectraSan 24 , Allow to air dry |
| Digital thermometer with disposable probes | All surfaces, except disposable probe | After each use | Wipe machine with SpectraSan 24 and air dry. Discard disposable probe after each use. |

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| Basin | Basin | After each use | Wash in enzymatic detergent such as SpectraSan Medical Enzyme Detergent or a mild detergent. Rinse well and autoclave if available. |
| Canes, walkers crutches, wheelchairs, rehab equipment | Special attention to surfaces that are in contact with people | Between patients | If visibly soiled, clean first with friction. Wipe down with SpectraSan 24 |
| Exam tables | Top of table, other areas that came in contact with patient and /or bodily fluids | After each use | If visibly soiled, clean first with friction. Wipe down with SpectraSan 24 |
| Door knobs, phones keyboards, light switches, hand sanitizer dispenser, pen lights and other hand touch items in nursing area | “Community” pen at the desk, Shared keyboards, counters, telephones, doorknobs, drawer pulls and other “hand touch” areas | At least twice daily (Clean often as this is a health care area) | If visibly soiled, clean first with friction. Wipe down with SpectraSan 24 |
| Waiting room: chairs, tables, etc. | All surfaces that can come in contact with patient | First thing in the morning and at the end of the day. | If visibly soiled, clean first with friction. Wipe down with SpectraSan 24 |